



LUTTERWORTH &

DISTRICT Charity No: 247288

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Excursions, Events & News



November 2024 - April 2025

Regular days out, events & social activities, picking up around Lutterworth & the villages by coach and minibus.

Our Mission Statement:

"To promote the well-being for all those people in later life of Lutterworth and the surrounding villages, to make it a fulfilling and enjoyable experience, a Lutterworth charity working for local people."

Dear Friends,

Welcome to our new newsletter covering November 2024 to April 2025.

We do hope you enjoy reading this edition and find a trip or activity of interest. Whether it is a Christmas visit to Blenheim Palace with a market, a trip to the Black Country Living Museum or the Spring Party.

We recently welcomed to our team our new general assistant, Andrew, who will be working in both the office and shop floor. We are sure you will all give Andrew a warm welcome.

We said goodbye and good luck to Lizzie who left us in July.

Please see our page with Information ref our Events and Trips and accessibility.

You're support with this is much appreciated.

Our next edition will be available to collect from our shop on the 8th April 2025.

On behalf of Sarah, Karen, Andrew, Jane, Carolyn, and the Trustees of ACL&D.

We thank you all for your continued support.

Your local Age Concern working for those people in middle / later life of Lutterworth & surrounding villages to make it a fulfilling & enjoyable experience.

Printed by Minuteman Press, 14c High St, Lutterworth 01455 207508

Events Calendar

Date	Event	Cost	Paid
Wednesday 6th November	Chitty Chitty Bang Bang Curve Theatre	£41.00	
18th - 22nd November	Torquay 'Turkey & Tinsel' Holiday	£303.00	
Monday 25th November	Blenheim Palace	£42.00	
Wednesday 4th December	Christmas Party 1 Wycliffe Rooms, Lutterworth	£22.00	
Wednesday 11th December	Christmas Party 2 Wycliffe Rooms, Lutterworth	£22.00	
Thursday 9th January 2025	Peter Pan Pantomime Birmingham Hippodrome	£30.00	
Tuesday 11th February 2025	Richard III Visitor Centre & Leicester Cathedral	£38.00	
Wednesday 5th March 2025	Spring Party Wycliffe Rooms, Lutterworth	£19.00	
Tuesday 11th March 2025	Birmingham Bullring	£13.00	
Thursday 27th March 2025	Woburn Safari Park	£45.00	
Monday 7th April 2025	Shrewsbury	£16.00	
Thursday 24th April 2025	Black Country Living Museum	£33.00	
31st March-4th April 2025	Queens Hotel, Paignton Holiday	£414.00	

FULL PAYMENT IS REQUIRED A MONTH BEFORE DAYS OUT TO SECURE YOUR PLACE, UNLESS OTHERWISE STATED.

We try to make our trips as accessible as possible. If you have a disability that may need to be accommodated, contact the office to see if a particular trip would be suitable for you.

Enquire about bringing any mobility aids on our daytrips before you book, or we can sometimes help with hiring mobility aids for you at the venue.

We do require that you are able to get up the steps of the coach for our day trips.

Unfortunately, we are not able to provide any one-to-one care ourselves.

Events and Trips

We do ask that payment is made at the latest one month before any day trips.

This is to ensure we can make payments and purchase tickets.

We will presume if payment isn't made on time that you no longer wish to attend.

We do ask that for the Lunch Clubs that we are notified of your menu choices at least 8 days beforehand.

Accessibility

We try to make our trips as accessible as possible. If you have a disability that may need to be accommodated, contact the office to see if a particular trip would be suitable for you.

Enquire about bringing any mobility aids on our daytrips before you book, or we can sometimes help with hiring mobility aids for you at the venue.

We do require that you are able to get up the steps of the coach for our day trips, while the community bus we use for our regular event is more accessible.

Unfortunately, we are not able to provide any one-to-one care ourselves.

Our next edition of our Newsletter will be available from our shop on the 8th April 2025.

90 Year Celebration



On Wednesday 4th September we celebrated with some of our friends in their nineties at Lutterworth Golf Club.



Everyone enjoyed a wonderful lunch and talk through the decades from the Lutterworth Museum.



Age Concern Holidays

Organized by travel companies, you book through us to make things easier and so you can travel as a group! Come along with friends or make new friends on your trip!

Torquay 'Turkey & Tinsel' Holiday

Monday 18th November – Friday 22nd November 2024

4 nights staying at: **Riviera Hotel**

Includes four night half board, two full day excursions, and Christmas themed entertainment.

£303 pp

Organized by **Opal Travel Group LTD**

**THIS HOLIDAY HAS BEEN PREVIOUSLY ADVERTISED
- CONTACT US RE: AVAILABILITY**

Welcome To Our Team

Our new general assistant, Andrew who will be assisting with both office and shop floor duties. Please come and say hello.

“I’ve lived in Whetstone for over 30 years with my Wife and Daughter.

I was working in a Garden Centre, and prior to that my background was in IT.

I enjoy films, gardening and watching football, especially Leicester City! “



Get Involved

There's a range of ways you can help the charity, from donating to volunteering.

- Donate items to our charity shop – and Gift Aid them if you're a taxpayer
- Volunteer in our shop to help us raise funds
 - Visit our shop to pick up a bargain
- Browse our eBay store at www.ebay.co.uk/ageconcernlutterworth
- If you sell on eBay, you can choose to donate a portion of your takings to us & receive a fee credit in exchange
- Earn money for us at no cost to you when shopping online with www.easyfundraising.org.uk
- Make a one-time cash donation, or set up a standing order each month. If you're a taxpayer, we can get an extra 25% through Gift Aid
 - Leave us a legacy in your will

All monies raised go towards our aim of helping people in the Lutterworth & District area. Help us make a real difference to the place we live!

Blenheim Palace

Monday 25th November



Join us for some Christmas cheer at Blenheim Palace!

This year the theme is 'Neverland in the Palace', with the State Rooms decked out like JM Barrie's Peter Pan. Follow Tinkerbell as she sprinkles fairy dust over baubles and Christmas trees, wander through a moonlit London skyline and onto the Mermaid Lagoon.

Afterwards you can enjoy the Christmas Market, with over 70 chalets selling seasonal gifts, food and drink.

£42.00

Includes coach and palace entrance.

Subsidised by the charity

Christmas Parties

Wednesday 4th December &
Wednesday 11th December

Wycliffe Rooms, Lutterworth

12.00 start



Due to popular demand, this year we will be holding two Christmas Parties in order to accommodate everyone!

Join us for a three course catered meal and entertainment. Arizona Sky will perform on the 4th, and Johnny Taylor on the 11th.

Transport may be available for those with mobility issues. Please request at time of booking.

£22.00

Includes a three course meal & entertainment



Are you an online shopper?

With www.easyfundraising.org.uk, whenever you shop online, whether for groceries, clothes, holidays, insurance, or anything else at the thousands of sites supported, you can earn a donation for Age Concern Lutterworth.

Help us out without costing you a penny extra!

By joining easyfundraising, you can support us whenever you do your regular shopping at popular sites such as amazon, ebay, Tesco, Morrisons, and many more!



It's free, quick and simple to sign up, so do it today!

Top Tip: Download the easyfundraising toolbar, and whenever you visit a site that supports easyfundraising, you can instantly sign in and earn donations on any of your purchases from that site!

Richard III Visitor Centre & Leicester Cathedral Tuesday 11th February



On this day out, you'll first visit the Richard III Visitor Centre, and have time to look around the various exhibits, including the site where Richard's body was found that has since been incorporated into the Visitor Centre.

Afterwards, you'll enjoy a soup & sandwich lunch, before a 45 minute talk on the discovery of Richard III, the 'King Under the Car Park'.

We'll finish the day with a visit to Leicester Cathedral, where you'll take an hour long guided tour covering the history of the Cathedral, including the new tomb of Richard III.

£38.00

Includes coach, entrance ticket, lunch, talk and guided tour

Subsidised by the charity

SPRING PARTY

Wednesday 5th March

Wycliffe Rooms, Lutterworth

12.00 Start



Join us for a Spring celebration. Enjoy a two-course lunch with entertainment.

£19.00

Inc a two course meal & entertainment.

Limited transport available for those with mobility issues, please request at time of booking.

Useful Links



Visit our website at www.ageconcernlutterworth.org.uk for: an online calendar of events; more information on the services we provide; information on how you can help us out through donations and fundraising; photo galleries from our previous events; and more!



Our eBay store has more special finds that aren't available in our shop. Take a look at <https://www.ebay.co.uk/str/ageconcernlutterworth> and if you see anything you like, give us a call to reserve it on 01455 557116 then pick it up in our shop.



Follow our Facebook page for information on upcoming events, photos from our excursions, helpful advice and information and more!

www.facebook.com/ageconcernlutterworth

Scan the QR codes below with your phone's camera to visit our links!



Website



eBay Store



Facebook Page

Birmingham Bullring

Tuesday 11th March



Enjoy shopping in Birmingham!

You'll be dropped off a short walk from the Birmingham Bullring, home to over 160 shops including fashion retailers, homewares, electronics and more. There's a whole range of eateries too for when you get hungry.

If you're looking for more shops you can take the walkway across to Grand Central. Here you will find another 60 shops and restaurants, or explore the various shops and arcades in Birmingham's city centre.

£13.00

Includes coach

Subsidised by the charity

Woburn Safari Park

Thursday 29th March



Enjoy a guided journey around Woburn Safari Park, complete with a tour guide on board your coach.

There are over 80 species of exotic and endangered animals on the Woburn estate, including Lions, Elephants, Camels, Lemurs and many more.

Relax in the Safari Restaurant and visit the gift shop

£ 45.00

Subsidised by the charity

Age Concern Holidays

Organized by travel companies, you book through us to make things easier and so you can travel as a group! Come along with friends or make new friends on your trip!

Paignton Holiday

Monday 31st March – Friday 4th April 2025

4 nights staying at [Queens Hotel, Paignton](#)

Includes return coach travel, four night half board accommodation, en-suite with colour TV and hospitality tray. Complete with live entertainment, and two full day excursions.



£414 pp

Full balance due before 24th January 2025

Please note there is limited availability for single rooms.

£30 non refundable deposit to reserve your place.

Organized by Opal Travel Group LTD

VASL's services include advice and support for unpaid carers, befriending and events for older people who are lonely and isolated, volunteer transport for medical appointments, and activities and support to increase wellbeing.

Visit www.vasl.org.uk to learn more.

ADVERTISEMENT

VASL Community Champions would like to invite you, and your dog to a free monthly event we are holding in Lutterworth, held on the 3rd Tuesday of the month.

Walk and Talk is a volunteer-led walk for people and dogs led by Cate, a VASL Community Champions volunteer who wears a green VASL lanyard so she can be identified.

The idea is for people to have a chance to chat with each other, get gentle exercise in a green space, walk their dogs, and then if they feel like it go for a coffee.

There is no booking ahead, people and dogs just turn up on the day. Cate will be at the **Lutterworth REC, off Coventry Road, LE17 4RF from 10.45am, and start walking at 11am.**

Everyone is welcome.

For more information please ring Community Champions on 01858 439262, or email champions@vasl.org.uk

Shrewsbury

Monday 7th April



Join us on a day out to the market town of Shrewsbury which sits on the River Severn.

Shrewsbury, as the birth place of Charles Darwin, has lots of historical buildings, interesting architecture, many bridges, and has over 600 listed buildings.

In the Town Square you will find the Shrewsbury Museum and Art Gallery. The town still retains its medieval street pattern and has lots of independent shops.

£16.00

Please note this will be a slightly longer travel time

Subsidised by the charity

Black Country Living Museum

Thursday 24th April



Join us on a day out to the award-winning Black Country Living Museum, set across 26 acres.

In this open air museum, you can discover reconstructed houses, shops and industrial areas.

You will meet historic characters and see history brought to life.

There are several options for lunch, including cafes and pubs, and you can visit the sweet and gift shops

£ 33.00

Subsidised by the charity

RETAIL GIFT AID

If you donate goods to our shop, you'll have noticed our new Retail Gift Aid scheme!

If you're a UK taxpayer, you can join the scheme and for every £1 we make from your donated goods we can claim an extra 25p from the UK Government.

How it works:

- When you bring goods to our shop, you'll be asked if you're a member of our Gift Aid scheme
- If you haven't enrolled yet, you can sign up on the day by filling out a few simple forms
- You'll be given a card with your Gift Aid Number on
- In future when you come to donate goods, just show us your card with your Gift Aid Number
- At the end of the year, you'll receive a letter letting you know how much your donations have raised

Please do not sign up if you are not a UK taxpayer, as the Government may seek to claim back from you any Gift Aid incorrectly paid out.

If your circumstances change and you no longer pay tax, please let us know as soon as you can.

Attendance Allowance

Attendance Allowance is a benefit for people over State Pension Age who need help with personal care or supervision because of illness or disability. It's not means tested so it doesn't matter how much income you have, and it won't decrease any of your other benefits.

You can claim attendance allowance if you meet all these criteria:

- You are over State Pension Age
- You could benefit from personal care or supervision (you don't have to spend the money on a carer if you don't want to!)
- You have any type of illness or disability including mental illness
- You have needed help for at least 6 months (if you are terminally ill, you can claim straight away)

Examples of what could make you eligible for attendance allowance:

- If you need help getting in or out of the bath/shower
 - If you need help cooking, eating or drinking
- If you need help with buttons or shoelaces when getting dressed
- If you need help getting up the stairs or moving safely from room to room
- If you need someone to watch over you in case you have a seizure or pass out
 - If you get confused, forgetful or disoriented and might lack awareness of danger

You can use attendance allowance to pay for a carer to come in, whether during the day or for supervision at night. You can use it for home help with tasks such as laundry and cooking. You can also buy equipment to help such as stairlifts or bath chairs.

If you would like us to complete a referral for you, call the office to make an appt. We can make a referral for you to Age UK Leicestershire & Rutland, who have a team that can help you complete an attendance allowance application.

Activities Calendar

Date	Activities	Cost
Every Monday	Harborough District Council Healthy Walking Group	FREE
Every 3 rd Monday of the month	Book Club Lutterworth Town Hall	£1.50
Every Tuesday	Boogie Through The Decades Wycliffe Rooms Lutterworth	£4.00
Every 1 st Tuesday of the month	Bingo - Wycliffe Rooms Lutterworth	50p - £6.50
Every last Tuesday of the month	Men's Interest Group Methodist Church Lutterworth	£3.50
Every 2 nd Wednesday of the month	Tea & Games Churchgate Community Centre	£2.00
Every 3 rd Wednesday of the month	Wycliffe Rooms Lunch Club Wycliffe Rooms Lutterworth	£12.00
Every 4 th Wednesday of the month	Travelling Lunch Club	£20.00
Every Thursday	Line Dancing Recreation Ground Pavilion	£3.00
Every Friday	Seated Exercise Class Wycliffe Rooms Lutterworth	£4.00
6th Dec 2024	Quiz Afternoon Wycliffe Rooms Lutterworth	£3.50
7th Feb 2025	Quiz Afternoon Wycliffe Rooms Lutterworth	£3.50
4th April 2025	Quiz Afternoon Wycliffe Rooms Lutterworth	£3.50

For most activities, booking in advance is required. You are welcome to turn up on the day for Quiz Afternoons; however we do still recommend booking in advance so we can inform you of any changes/cancellations.

Activities are paid on the day with cash.

Activities highlighted in blue are provided by other agencies, but can be found advertised in our newsletter.

Travelling Lunch Club

Every 4th Wednesday of the month



Enjoy a lunch out with friendly company, a trip through our lovely villages and countryside, and on to a different pub every month to enjoy a two course lunch.

We have a range of pickup points in Lutterworth & the surrounding villages, contact us to find out the closest to you.

We will be visiting the following pubs:

27th November – The Red Lion, Walsgrave

22nd January – The Marina, Hinckley

26th February – The Grove, Leicester

26th March – The Vicarage, Whetstone

23rd April – The Gynsills Farm, Glenfield

£20.00

Includes transport and two course lunch

Please give us your menu choice at least 8 days before the lunch club

Wellbeing Services

If you need support with your mental health, these services are available locally -

- **Central Access Point (CAP) - 0808 800 3302** - NHS mental health support for Leicestershire. Available 24/7 to signpost/refer you for further help.
- **Samaritans - 116 123** - Call 24/7 to talk about anything that is upsetting you.
- **NHS Leicester, Leicestershire and Rutland Talking Therapies - 0330 094 5595** - Self referral service for free talking therapy/counselling for those with mild to moderate depression or anxiety. We can help you fill out an online form to self-refer in our office.
- **Lutterworth Wellbeing Cafe** - Open to anyone who feels they would benefit from some mental health support. Open Tuesdays 5pm - 9pm and Fridays 9am - 1pm at Lutterworth Sports Centre.
- **Community Wellbeing Harborough - 01858 456042** - Ran by VASL, this service offers support including weekly befriending phone calls and monthly Wellbeing Workshops.
- **Life Links - 0800 0234 3302** - Local charity focusing on practical coping solutions for low mood and anxiety. Holds free group courses, ran in Leicester.

Tea & Games

2nd WEDNESDAY of EVERY month

2:00pm – 4:00pm



Join us on these afternoons for tea, friendship and fun. We play games, chat with friends. In the past year we have enjoyed activities such as bocchia, indoor bowls, hoopla, arts and crafts, and more!

Please call the office to let us know you are attending, you will receive a friendly welcome.

At the Churchgate Community Centre. Please note we will not have a December meeting.

Just £2.00

Includes refreshments

Transport may be available on request with sufficient notice

BINGO

1st Tuesday of the month

Wycliffe Rooms, Lutterworth

13.45pm – 15.45pm

Arrive for 13.45pm

Each game is 50p or pay £6.00 for the full book of eight games, including the flyer. Cash prizes are given for a line and house on every game.

Refreshments 50p each, includes coffee, tea, cake/biscuit.

Chitty Chitty Bang Bang

Wednesday 6th November

Curve Theatre **£41.00** coach&ticket

Peter Pan, Pantomime

Thursday 9th January 2025

Birmingham Hippodrome **£30.00** coach&ticket

RESERVES ONLY - BOTH TRIPS HAVE BEEN PREVIOUSLY ADVERTISED AND ARE FULL

Line Dancing

Every Thursday, 2:00pm – 4:00pm

Pavilion on the Recreation Ground



For Fun, Friendship & Exercise

£3.00 per session

Experienced Line Dancers Only.

This group is currently full & taking reserves, please call us on 01455 557116 for more information.

Harborough District Council Healthy Walking Group

Every Monday, 1.30pm

Meeting at the rear of the Shambles pub, Lutterworth

This is a 45-minute walk around Lutterworth, routes vary each week. We finish at the Shambles, where you can purchase refreshments.

No need to book and no cost, just turn up for a friendly welcome.

Supporting People with Early Dementia

Based at Our House on the Lutterworth College site, the Academy for Dementia Research and Education (ADRE) provides support for those in the early stages of cognitive decline and their friends and family so that they can live independently as long as possible.

ADRE's team of qualified staff run activity programmes which are specifically designed to be fun, keep brains and bodies active, and improve self-confidence as part of a life-long learning approach.

Services & activities provided by ADRE and their Share & Care Group include:

Monthly Carers Support Group
Brain Gym & Music Brain Gym
Monthly Admiral Nurse Clinic
Crafts & Woodwork
Gardening
Chair Based Yoga
Singing & Dance
Cooking
Day Trips

They also offer an at-home support service for anyone who cannot access their regular services due to health vulnerabilities, reduced mobility, enhanced cognitive decline, or remote location.

For more information, email jane@academyfordementia.org or call 01455 550416.

Men's Interest Group

Every Last Tuesday of the Month

Methodist Church Lutterworth

2:00pm – 4:00pm

Join our men's interest group, with a different activity each month. This is a relaxed, small group that is always happy to welcome new members.

£3.50 per session

includes refreshments

If interested in attending, please call the office on 01455 557 116 to book your place .

Pay on the day.

Upcoming sessions:

26th November - Retired Police Chief Superintendent talk

28th January - John Warren talk on John O'Groats to Lands End

25th February - New Age Kurling

25th March – Bingo

29th April – Games

BOOK CLUB

Do you enjoy a good story? Do you like meeting up for a chat and a cup of tea or coffee, with a friendly group of people? If so you might enjoy coming along to our monthly book group.

Meeting on the 3rd Monday of each month

Lutterworth Town Hall (downstairs room)

11 am – 12 noon

FREE to join, just a small payment towards refreshments

Currently full – contact us to join the reserve list

ADVERTISEMENT

Andrea Hall MFHT

Sports Massage Practitioner

For the treatment of all muscular aches, pains and soft tissue injuries.

You don't have to be into sport or even be an athlete to enjoy the benefits of sports massage.

Sports massage is a natural therapy which helps to reduce muscular pain, improves circulation and aids healing.

Also available - injury rehabilitation programmes, taping and strapping including Kinesiology taping to aid recovery.

10 Market Street Lutterworth

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ROLLASONS

S O L I C I T O R S L L P

Our Private Client team are here to assist you with professional and expert legal advice. With over 40 years experience, we know how to help.

Private Client Services:

- ✓ Wills
- ✓ Court of Protection
- ✓ Lasting Powers of Attorney
- ✓ Estate Planning
- ✓ Probate and Administration of Estates
- ✓ Trusts
- ✓ Attorney and Deputy Advice

Visit us at:

2B Station Road
Lutterworth
LE17 4AP

www.rollasons.com



Daventry: 01327 301771
Lutterworth: 01455 552378
Leamington Spa: 01926 883431

Follow us on:



BOOGIE THROUGH THE DECADES

Every Tuesday

11:45 am – 12:45 pm

Wycliffe Rooms, Lutterworth

Lead by professional instructor Tracey, this fun exercise class will see you moving to all styles of music from the 50s up to today.

It's kind to joints and is an enjoyable way to improve all round fitness, at a pace to suit you.

No complicated choreography. Just simple moves set to great tunes.

Attendees should be comfortable with an hour's walking and steady on their feet. Appropriate footwear such as trainers is recommended.

£4.00

Per Session

Booking is required in advance

Currently full – contact us to join the reserve list

Wycliffe Rooms Lunch Club

3rd Wednesday of the Month
12.15pm – 1.45pm

Wycliffe Rooms, Lutterworth

Enjoy a monthly two-course catered lunch in
Lutterworth.

Transport may be available for those with
mobility issues and will be via the accessible
Lutterworth Community Transport bus.

If you are interested in attending, call us on
01455 557116

Menu required 8 days prior

£12.00

Tea/Coffee included with dessert. Other drinks available to
purchase from the bar.

ADVERTISEMENT



Lutterworth Community Transport support Age Concern by providing minibuses and volunteer drivers to make sure that those that want to attend events can do so.

As well as our own minibus outings and shopping trips, we also provide a Social Car service where our volunteers will take you where you need to go, and all you pay is a contribution towards the driver's expenses.

Due to the high demand for hospital and other medical appointments, we have to prioritise these.

Please give us a week's notice to organise a driver for you where you can, although we do appreciate that the NHS is handing out some very short notice appointments. It is unlikely we will be able to help on the same or next day. Also, we often struggle where the appointment is first thing in the morning. We have found that if you tell the booking centre that you will need to arrange a Volunteer Driver to bring you that they will be flexible and offer a later time.

Should you have difficulty travelling because you struggle to get in and out of a regular car, we offer a range of aids to help you including the ability to transport you in a wheelchair. In our latest vehicle, we have a step to help you into the rear seats and also the option to get you safely seated and then lift you in to the front.

For more information and to book, please ring us on:

01455 55 55 71

QUIZZES

Friday 6th December, Friday 7th February,
Friday 4th April
Wycliffe Rooms, Lutterworth
1.30pm – 3.30pm

Join us for our popular quiz events, have a fun afternoon with friends and maybe make some new ones! Compete in teams of up to six people – either make your own in advance or join a team on the day! Prizes will be given to the winning team.

£3.50

Including refreshments

WARM & WISE

Age UK Leicester Shire & Rutland's Warm and Wise service offers a free home energy check and information and advice to help reduce your energy bills.

They can help with tariff switching, energy benefit checks, priority services registration, smart meters, home improvement grants and more.

Call them on: **0116 261 4604**

Seated Exercise Class

Every Friday
10:30 am – 12 noon
Wycliffe Rooms, Lutterworth

Come along for a session of seated exercise to music, led by our professional instructor Tracey. Perfect for those who wish to maintain or improve their mobility! Includes tea/coffee/biscuits and a chat afterwards! Contact us on 01455 557116 for more information.

£4.00

Currently full & taking reserves

Free TV Licence

If you're 75 or over and receive Pension Credit, you're eligible for a free TV Licence. This won't happen automatically, instead you need to apply to the licensing board. You can do this by visiting their website at www.tvlicensing.co.uk or calling 0300 790 6117 to request a paper form.

If you're 74 and receive pension credit, you can apply now for your free TV licence and you won't be charged once you turn 75.

Volunteers Needed



Volunteers are the lifeblood of our charity, and without them we would be unable to provide the services in this newsletter.

We need volunteers to work in our shop, manning the till and sorting, cleaning, and pricing stock.

All we ask for is 3.5 hours a week, either from 9.30am – 1pm or 1pm – 4.30pm.

If you can help, call us on 01455 557116.



Adult Social Care

If you feel like you would benefit from care but aren't sure what's available or what exactly you need, Adult Social Care at Leicestershire County Council provides Care & Support Assessments to put a support plan in place for people with care needs. Your support plan in could include care at home, equipment, or technology to help you.

You can complete the online Self Assessment at <https://customerportal.leics.gov.uk/web/portal/pages/help/apply> or if you don't have access to a computer, you can call Adult Social Care on 0116 305 0004.

If you are deemed eligible for support, they will do a financial assessment to see how much you'd need to pay. If you have over £23,250 in assets/savings, you will be classed as a self-funder and won't receive financial support. If you're self-funding but struggle with organizing your own care, Adult Social Care will arrange care in your home for you for an arrangement fee of £281.

If you care for someone else and are struggling mentally or physically as a result, or are finding it hard to balance your caring role with other commitments, you can complete a Carer's Assessment by visiting <https://customerportal.leics.gov.uk/web/portal/pages/help/support>

After completing the assessment, you will be given information and advice, and Adult Social Care will determine if you're eligible for a Carer's Personal Budget to help you pay for things you need for your caring role or take some time off from caring. This is a non-means tested payment and you are still eligible if you receive Carer's Allowance.

ADVERTISEMENT

Open Christmas

25th December 2024

12pm-4pm

St Mary's Church Lutterworth



If there is a chance that you are going to be alone this Christmas Day?

If you are worried about being lonely on Christmas day and would like some care and friendship and to share some community spirit, please get in touch with us!

Our Open Christmas is **FREE** to anyone who would be alone on the day.

12.30pm - Entertainment/carols

1pm - Christmas Lunch

2.30pm - Tea/Coffee/Mince Pies

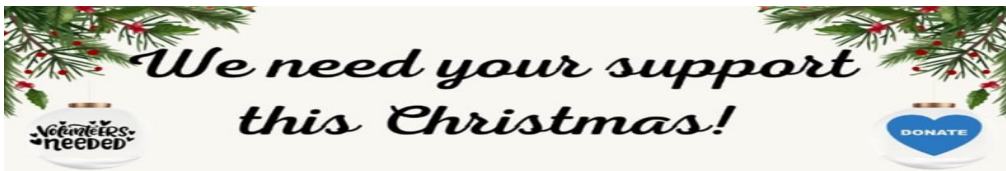
3pm - King's Speech

3.15pm - Bingo

4pm - Farewells

To book your place please call 07789 189062

Everyone is welcome, Everyone is invited



Current Opening Hours

	Shop	Office
Monday	9.30am - 4.30pm	10.00am - 4.00pm
Tuesday	9.30am - 4.30pm	10.00am - 4.00pm
Wednesday	9.30am - 4.30pm	10.00am - 4.00pm
Thursday	9.30am - 4.30pm	10.00am - 4.00pm
Friday	9.30am - 4.30pm	10.00am - 4.00pm
Saturday	9.30am - 4.30pm	10.00am - 4.00pm
Sunday	CLOSED	CLOSED

The shop and office will be closed on the 25th, 26th & 27th December, 1st of January, and 18th & 21st of April for the Bank Holidays.

LOOKING FOR INFORMATION OR ASSISTANCE?

We have a range of information leaflets available in our shop covering local services. If you call into the office, Sarah, Karen or Andrew will do their best to point you in the right direction.

Unfortunately, they are not trained to provide assistance with benefits or legal matters, but they can signpost you to the relevant agency, including making referrals to Age UK LS&R for help applying for attendance allowance.